

HORIZON EUROPE



EIROPAS SAVIENĪBAS PĒTNIECĪBAS UN
INOVĀCIJU PROGRAMMA **2021 - 2027**



#HorizonEU

Marie Skłodowska Curie Postdoctoral Fellowships proposal writing training For hosting organisations and supervisors Day 1

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Latvian Council of Science

Horizon Europa

National Contact Point



Līdzfinansē
Eiropas Savienība



Latvijas Zinātnes
padome

1.1.1. specifiskā atbalsta mērķa "Pētniecības un inovāciju kapacitātes stiprināšana un progresīvu tehnoloģiju ieviešana kopējā P&A sistēmā" 1.1.1.5. pasākuma "Latvijas pilnvērtīga dalība Apvārsnis Eiropa programmā, tajā skaitā nodrošinot kompleksu atbalsta instrumentu klāstu un sasaisti ar RIS3 specializācijas jomu attīstīšanu" projekts "Atbalsts Latvijas dalībai starptautiskās pētniecības un inovācijas programmās" ietvaros

9:50 – 10:00 Connecting

10:00 -11:30 Overview of Marie Skłodowska Curie Postdoctoral Fellowships, statistics

Break

11:45 -12:45 Submission, evaluation

Break

13:00-14:00 **Template, Abstract, Key words**

14:30 End of the first day

9:50 – 10:00 Connecting

10:00 -11:30 How to write the Excellence part?/ Practical task

Break

11:45 -12:45 How to write the impact part? / Practical task

Break

13:00 -14:00 How to write the implementation part? /Practical task

14:00-14:30 Questions, answers, feedback

MSCA PF Structure of the application



Part A - administrative forms
are filled *on-line Funding&Tenders*



Part B1 - the proposal, max 10 pages (PDF uploaded)
#Excellence
#Impact
#Implementation, incl. Gantt Chart

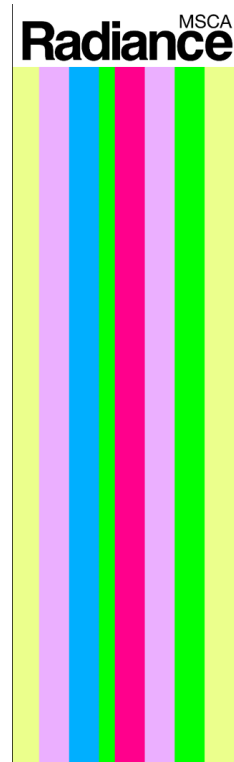


Part B2 - no page limit, PDF uploaded
#CV of the Researcher
#Capacities of the Participating Organisations
#Letter of Commitment of Partner Organisation GF

Part A

RADIANCE Submission guide
(step by step)

If any practical help needed –
contact your NCP!



How to submit your MSCA – Postdoctoral Fellowships – 2025 project proposal

NETWORK OF THE MARIE SKŁODOWSKA-CURIE ACTIONS
NATIONAL CONTACT POINTS

Task 3.1	Submission Guides
Issued by:	TUBITAK, Türkiye
Issued date:	10 June 2025
Work Package Leader:	RANNIS (IS)



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Other questions

Under «?» are guidelines



6. Additional ethics information

Insert here text for your proposal

*(NB: Only **if** you have additional information that could not be included in the **ethics self-assessment**)*

7. Additional information on security screening

Insert here text for your proposal

*(NB: Only **if you answered yes** to one of the questions in the **security issues table**, with the exception of “Does this activity involved HE associated and/or third countries?”)*

8. Environmental considerations in light of the MSCA Green Charter

Insert here text for your proposal

9. Required for Global Fellowships only: Letter(s) of commitment from associated partners (hosting the of outgoing phase)

Validate form

- All red alerts will block the submission of your application
- Yellow warnings will not block the submission of your application, but it is worth reviewing them

Application forms

Validation result

Show Error

The red 'Show Error' button indicates an error due to a missing or incorrect value related to the call eligibility criteria. The submission of the proposal **will be blocked** unless that specific field is corrected!

Show Warning

The yellow 'Show Warning' button indicates a warning due to a missing or incorrect value related to the call eligibility criteria. The submission of the proposal **will not be blocked** (proposal will be submitted with the missing or incorrect value).

Section

Description

General Information

Title - missing entry

Show Error

General Information

Descriptor 1 is a required field.

Show Error

Acronym

- The acronym will be on your application, make sure it is pronounceable, short, and memorable
- Check for "double meaning" in English, native language or the language of the host country
- Check if such a project/company already exists
<http://acronymcreator.net/>

TAXMORALBIAS

Met4Bone

5G-DRIVE

DogSPEC

HARA

PoliRural

BRILLIANT

ALLIANCE

CHIEF

SUNShINE

Abstract

Abstract and keywords are used **to select evaluators**

The abstract must sell your project and be able to understand it to a person who is generally oriented in the industry (**generalist**)

It must be able to point out the **significance, impact and timing**. It should communicate project and convince the evaluators why exactly you are the one to implement this project.

It doesn't have to be a typical scientific abstract. Main elements:

- 1-2 sentences that will give the context of your project
- Purpose
- State of the art/ knowledge gap
- Scientific objectives and details of the project plan

Max. 2000 characters including spaces

VISIBLE Abstract (1/3)

Each
sentence has
a meaning!

Dr. Bell (**PostDoc**) proposes to work with Prof. Andersson (**Supervisor**) at KTH Royal Institute of Technology (**host**), Sweden, to study Virus-host Interactions in the Baltic Sea (VISIBLE).

Bacteriophages (bacteria specific viruses) are the most abundant biological entity on the planet, yet we are only beginning to grasp the impact they have upon ecosystem functioning. (**Importance**) Using state-of-the-art metagenomics, viromics and bioinformatics (**interdisciplinarity**), the fellow will uncover novel genomes of virus populations in the Baltic Sea and the prokaryotic hosts they infect (**aim + novelty**). Multiple approaches (abundance, CRISPR spacer matching and homology of auxiliary metabolic genes) (**methods**) will be combined to uncover virus-host dynamics (**output**).

VISIBLE

Abstract (2/3)

The metagenomic and viromic dataset has a high temporal resolution spanning a three-year period making it possible to answer **fundamental** ecological **questions**:

- (1)** How are the temporal dynamics of viruses related to that of their hosts?
- (2)** Can the co-evolution of viruses and their hosts be detected?
- (3)** Do the function of auxiliary metabolic genes reflect changes in environmental gradients?

These questions have major implications for biogeochemical cycling and resource turnover in the marine biosphere, as well as water resource management and predicting ecological responses to climate change. **(impact/importance)**

VISIBLE

Abstract (3/3)

By means of a **multidisciplinary approach**, the fellow will advance their current research skills in microbial ecology and bioinformatics and gain new skills in virology **(skills)**. The MCSA fellow will join a world-class host institute and world-leading research team in environmental genomics. **(quality of host)** They will establish new interdisciplinary collaborations **(networking)** with researchers from across Sweden and Europe and develop their communication, management and leadership skills **(skills)**. KTH has been awarded HR Excellence in Research **(best practice)** and supports the MCSA Green Charter **(policy)**. KTH provides the ideal environment and infrastructure **(hosting arrangements)** for the fellow to carry out this research and to develop as a leading independent researcher **(carrer perspective)**.



**Part B1 - the proposal,
max 10 pages (PDF
uploaded)**

Part B1

#EXCELLENCE goal, objectives, research,
training, supervision, researcher

50% of the final score

#IMPACT: impact on career, dissemination,
communication, exploitation, impact of your
research

30% of the final score

#IMPLEMENTATION workplan, resources,
management., incl. Gantt Chart

20% of the final score

Download the template and follow it!

Award criteria

Excellence	Impact	Quality and efficiency of the implementation
Quality and pertinence of the project's research and innovation objectives (and the extent to which they are ambitious, and go beyond the state of the art)	Credibility of the measures to enhance the career perspectives and employability of the researcher and contribution to his/her skills development	Quality and effectiveness of the work plan, assessment of risks and appropriateness of the effort assigned to work packages
Soundness of the proposed methodology (including interdisciplinary approaches, consideration of the gender dimension and other diversity aspects if relevant for the research project, and the quality of open science practices)	Suitability and quality of the measures to maximise expected outcomes and impacts , as set out in the dissemination and exploitation plan, including communication activities	Quality and capacity of the host institutions and participating organisations , including hosting arrangements
Quality of the supervision, training and of the two-way transfer of knowledge between the researcher and the host	The magnitude and importance of the project's contribution to the expected scientific, societal and economic impacts	
Quality and appropriateness of the researcher's professional experience, competences and skills		
50%	30%	20%

Part B2



CV of a researcher: max 5 pages



Capacities Of The Participating Organisations: 1 p overall+ max 1p per organisation



LETTER OF COMMITMENT OF PARTNER ORGANISATION (GF ONLY):

- no overall page limit -

CV

Good Example	Bad Example
<p>List your Top 5 Publications and add 2 lines of text for each: "<i>I developed the core algorithm; this paper has x citations and changed how [Field X] approaches [Problem Y].</i>"</p>	<p>A long, chronological list of 20 papers with no explanation.</p>
<p>Even if you stayed in one place, emphasize Short Stays, International Collaborations, or Fieldwork abroad. Show you have "intellectual mobility" by working with different teams.</p>	<p>Showing that you did your Bachelor's, Master's, and PhD at the same university in the same city.</p>
<p>Include sections for Supervision (even if you only helped one Master's student), Teaching, Peer Reviewing for journals, and Organizing Workshops. This proves you can manage people and projects.</p>	<p>Focusing 100% on lab work and forgetting "transferable skills."</p>
<p>MSCA encourages career breaks! Label them clearly: "<i>Career Break: Maternity/Paternity Leave,</i>" or "<i>Industry Experience: Working as a Data Analyst at Company X.</i>" Diversity of experience is seen as a strength.</p>	<p>Career breaks without an explanation</p>
<p>Even small travel grants, fellowships, or prizes are listed as proof of competitiveness.</p>	<p>Nothing listed</p>
<p>Participation in Science Slams, blogs, or school visits to show communication skills.</p>	<p>Nothing mentioned</p>

5.2 Template table: *Capacity of the Participating Organisations*

Choose one of:

- Beneficiary (compulsory)
- Associated partner linked to a beneficiary (if applicable)
- Associated partner for outgoing phase (compulsory for GF only)
- Associated partner for secondment (optional)
- Associated partner for non-academic placement (optional)

[Full name + Legal Entity Short Name + Country]

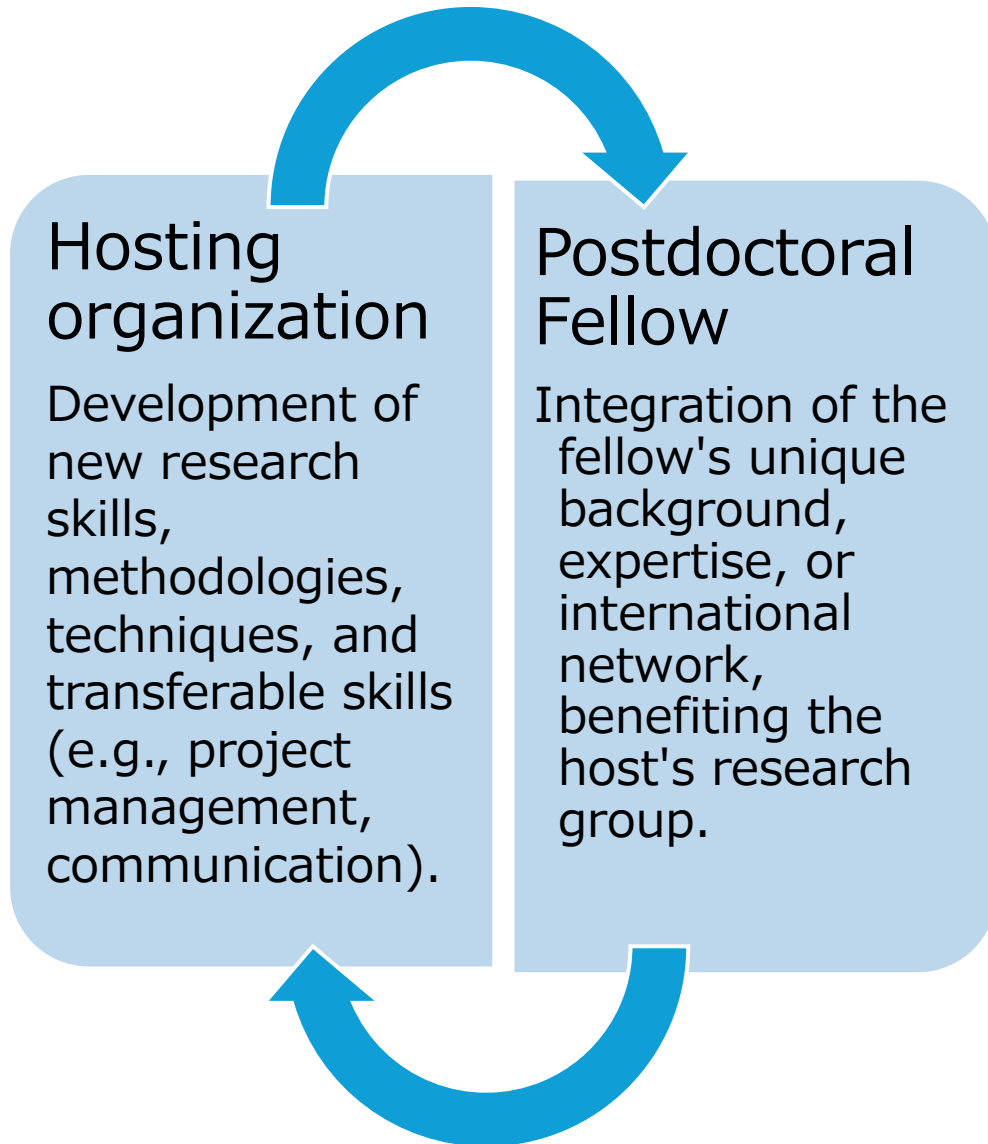
General description

Role and profile of supervisor

Key research facilities, Infrastructure and Equipment

Previous and current involvement in EU-funded research and training programmes/actions/projects

Two-way transfer of knowledge



Example 1:	?
Example 2:	?
Example 3:	?
Example 4:	?
Example 5:	?

To summarize

	Bad Example (Avoid)	Good Example (Aim for)
Focus	Just "doing the research."	Gaining and giving new skills.
Detail	"New techniques."	"CRISPR-Cas9 gene editing."
Host Benefit	"The host gets a hard worker."	"The host gains a specialist in [Your Field]."
Growth	Repeating what you know.	Diversifying into a new area.
Passive vs active transfer	Informal exchange (over coffee)	Propose organized workshops, mentoring a PhD student, or creating a new "best practices" manual for the lab.

Horizontal aspects

Open science practise

Example 1 

Example 2 

Gender dimension and other diversity aspects (content of the research)

Example 1 

Example 2 

Research Integrity and Ethics

Example 1 

Example 2 

Intellectual Property Rights (IPR)

Example 1 

Example 2 

MSCA Green Charter

Guiding principles for the conduct of sustainable research



Mainstreaming sustainability in research

Seek to avoid environmental harm and integrate environmental sustainability considerations throughout the project lifecycle and in all relevant aspects of the project's implementation, from project design, materials sourcing, procurement and infrastructure use, to dissemination, reuse and valorisation of research outputs. Find ways to assess impacts and monitor progress to guide future decisions on the environmental sustainability of the project's activities.



Resources

Use or promote the use of renewable, non-fossil fuel energy sources where feasible. Monitor and seek to reduce the consumption of energy, water and other resources in the context of the project.



Waste and harmful substances

Where possible, reduce reliance on single-use plastics and prevent or minimise the production of waste and harmful substances. Reduce, sort, reuse and recycle any waste unavoidably produced because of the project. Sustainable circular procurement practices and circular and sharing economy principles should be encouraged in the whole project design process. Encourage product-service systems (e.g., leasing lab equipment), modular and repairable designs, and closed-loop systems that minimise waste and facilitate recovery of value from by-products.



Harmful emissions

Prevent or minimise the production of harmful emissions, including greenhouse gases, resulting from the project's implementation.



Natural systems and biodiversity

Limit disturbances caused by the project activities on natural systems as well as harm caused to biodiversity. Explore the integration of nature-based solutions in project design and implementation, emphasizing the preservation and restoration of ecosystems to mitigate climate impacts.



Collaborative practices

Where appropriate, consider adopting or supporting collaborative practices to reduce the environmental impact of the research project, such as sharing research infrastructures, using or allowing for the use of secondary data, as well as innovative access models. Collaborative partnerships should also seek to explore circular synergies, such as shared use of consumables, joint procurement schemes for reusable materials, and shared logistics to reduce redundant waste and resource use.



Leveraging digital technologies

Consider the potential – and limitations – of digital technologies in promoting environmental sustainability in the organisation, management and conduct of research.



Hardware, software and data

Prefer the use of energy-efficient hardware and software solutions and practices, the use of low-power devices to reduce energy consumption during the project implementation, as well as circular economy practices such as device-as-a-service models. When not otherwise required, critically evaluate the necessity of long-term storage of digital material (such as data or images).



Travel

Prioritise low carbon forms of transportation for all project-related travel, including commuting, where possible and reasonable. When it is advantageous or necessary to travel, try to combine different activities (e.g. meetings, training, study visits...), possibly over a longer stay rather than multiplying trips. Employ teleconferencing tools when feasible as an alternative to physical attendance where such attendance is not necessary nor sufficiently advantageous.



Events

Ensure that all project-related events for which physical attendance is necessary are organised with sustainability considerations integrated into relevant decisions relating, for instance, to the number and duration of events, location, travel arrangements, accommodation, catering, and handouts. Event organisers should consider circular event planning principles, such as eliminating single-use items, renting reusable materials, sourcing local and seasonal catering with minimal packaging, and setting up waste sorting and composting systems.



Support behavioural change

Adopt and promote behavioural change in the project's research community towards more environmentally sustainable practices, for instance by sharing information and guidance, or by taking or providing trainings as well as awareness-raising opportunities. Encourage involvement and identify, assume or distribute responsibilities to ensure every participant appropriately contributes to the environmental sustainability of the project. Foster the visibility and recognition of these contributions.



Share solutions with the wider research community

Promote the sharing of sustainability data, methodologies, and results across the research community and beyond, including through publications, ensuring that research outputs are open, accessible, and usable by others aiming to improve environmental sustainability.



APVĀRSNIS
EIROPA
#NKP

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