



# Online COST Info Day

## 24 May 2023

## 10:00–11:30 CET

### Save the date!

This session is open to all researchers and innovators at any career stage and from any field of research, especially young researchers, as well as R&I staff. The aim is to inform researchers and innovators about how to connect with COST Actions or submit a COST Action proposal, the role and impact of the COST programme, and the benefits of participating in COST for researchers' careers, with a focus on young researchers. For organisational reasons, registration through the dedicated [COST Events webpage](#) is necessary to receive the link to join.

#### Programme overview

**10:00 Introduction about COST**

Dr Ronald de Bruin, Director of the COST Association

**10:15 Participation in a COST Action**

**Tips & tricks to submit a COST Action proposal**

Dr Mickael Pero, COST Science Officer

**10:45 Networking activities funded within COST Actions**

Ms Jeannette Nchung Oru, COST Administrative Officer

**10:55 Benefits of participating in a COST Action**

Dr Gintarė Pocė, COST Action representative

**11:15 Q&A**

**11:30 End of the session**

